

Health Outcomes Survey (HOS)

Provider job aid

Definition:

The Medicare Health Outcomes Survey (HOS) is the first patient-reported outcomes measure used in Medicare managed care. The goal of the Medicare HOS is to gather valid, reliable, and clinically meaningful health status data from the Medicare Advantage (MA) program to use in quality improvement activities, pay for performance, program oversight, public reporting, and to improve health. All Managed Care Organizations with Medicare contracts must participate.

Timeline:

Respondents are given a baseline survey between late April and July and then asked to complete a follow-up survey two years later between April through July. Baseline survey results are calculated and released in May of the following year, while results for the follow-up survey are provided during the summer of the following year.

Target Population:

Medicare Advantage

HOS Measures in the Star Ratings:

- Improving or Maintaining Physical Health:
 - Percentage of sampled Medicare patients ages 65 and older whose physical health status was the same, or better than expected
- Improving or Maintaining Mental Health:
 - Percentage of sampled Medicare patients ages 65 and older whose mental health status was the same or better than expected
- Monitoring Physical Activity:
 - Percentage of sampled Medicare patients ages 65 and older who had a doctor's visit in the past 12 months and who received advice to start, increase, or maintain their level of exercise or physical activity
- Improving Bladder Control:
 - Percentage of Medicare patients ages 65 and older who reported having urine leakage in the past six months and who discussed treatment options for their urinary incontinence with a health care provider
- Reducing the Risk of Falling:
 - Percentage of Medicare patients ages 65 and older who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months, and who received fall risk intervention from their current practitioner